Healthcare Design







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amc-engineers.com

Founded in 1981

Offices located in Anchorage, AK Bellingham, WA

Employee-owned Staffed by 27

7 Mechanical PEs 5 Electrical PEs

Certified Healthcare Constructors

Certified Construction Document Technologists or Advanced Certified Construction Specifiers

LEED Accredited Professionals

Registered Communications Distribution Designers

Certified Lighting Consultant

ASHRAE Certified Building Commissioning Professionals

Proficient with AutoCAD and REVIT





Safety and comfort is our ultimate focus

AMC Engineers is an engineering firm specializing in the design and retrofit of mechanical, electrical and plumbing (MEP) systems for healthcare facilities. AMC offers full project support services including MEP systems design, evaluation of MEP system upgrade/replacement options, life cycle cost analysis, life safety code compliance, energy models, development of phased renovation plans, construction administration services, and MEP system commissioning services.

AMC enjoys a long and successful track record working on complex medical and laboratory projects. We understand that many of these healthcare facilities never sleep and that unplanned interruption of building systems operation is often life threatening. Incorporating system and equipment redundancy, maintainability, and reliable operations is integral to each project. Phased construction and the utilization of temporary systems to ensure uninterrupted, safe, and reliable patient support come second nature to us. We understand the specialized criteria and building systems which surround healthcare projects. We have the capability to seamlessly support our clients from project inception through building systems commissioning; including follow-on consulting services throughout a facilities' lifetime.

Providing Healthcare Design Solutions Throughout Alaska

Southeast Alaska Regional Health Consortium (SEARHC) Mt. Edgecumbe Medical Center (MEMC) Juneau Ethel Lund Medical Clinic (ELMC) Wrangell Medical Center (WMC) Craig Express Medical Clinic Alicia Roberts Medical Center (ARMC) Providence Alaska Medical Center (PAMC) Providence Kodiak Island Medical Center Providence Seward Medical Center Providence Valdez Medical Center Alaska Native Medical Center (ANMC) Alaska Native Tribal Health Consortium (ANTHC) Yukon-Kuskokwim Health Consortium (YKHC) Norton Sound Health Corporation Samuel Simmonds Memorial Hospital Southcentral Foundation Alaska Regional Hospital Mat-Su Regional Medical Center Kanakanak Hospital Bartlett Regional Hospital Kotzebue Hospital







Southeast Alaska Regional Health Consortium (SEARHC)



SEARHC Projects

SEARHC On-call Mechanical and Electrical Engineering

Juneau Ethel Lund Medical Clinic (ELMC) Mechanical Upgrades (Fuel oil storage, Chiller, Boiler)

Juneau ELMC Generator Addition

Juneau Dental Building Mechanical Upgrades (Fuel oil storage, Chiller, Ventilation system)

Juneau Behavioral Health Building Boiler Replacement

Mt. Edgecumbe Medical Center (MEMC) Electric Utility Planning

MEMC Hospital Replacement Campus

MEMC Sprinkler Riser & Zone Maps

MEMC GCI Electrical Service

MEMC Operating Suite HVAC Improvements

MEMC Pharmacy Hoods Room Upgrades

MEMC ATS 6 and 7 Replacement

MEMC Life Safety Analysis

MEMC IT Upgrades

MEMC X-ray Review

MEMC Ventilation System As-built Project

MEMC Power One Line Update

MEMC Fuel Tank Replacement

MEMC MRI Upgrade Peer Review

MEMC Emergency Department Renovation-Commissioning Services MEMC Security Study MEM Chiller System Study MEMC Nurse Call System Upgrade MEMC Access Control Survey MEMC Replacement Campus Concept Design MEMC Hospital Arc Flash Study MEMC Laboratory Humidification and Cooling MEMC Dental Suite AHI Replacement MEMC Fire Alarm Replacement Craig Express Medical Clinic Wrangell Medical Center Evaluation Wrangell Critical Access Hospital Peer Review Alicia Roberts Medical Center (ARMC) Expansion/HVAC Design



Providence Alaska Medical Center (PAMC)

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PAMC Emergency Power Supply System ATS Replacements & Power Distribution System Upgrades



Total Cost: \$27 Million Generator Plant: 25,000 SF Hospital: 1.5M SF Location: Anchorage, Alaska Owner: PAMC Project Completed: 2015 AMC was the Prime Consultant for PAMC's new 8 MW diesel power plant and reconfiguration of the power distribution system that serves the Essential Electrical System (EES) for the existing main hospital facility and the new "Generations" addition.

The project also upgraded the main normal power service to PAMC. This project had challenges: the need to upgrade existing normal (utility) power service to serve the hospital while maintaining the hospital in operation, and the need to upgrade existing generator plant, distribution switchgear and distribution equipment to provide N+1 capacity to support the hospital while maintaining the Hospital in Operation. N+1 capacity means the ability to support the health clinic and hospital with one of the generators off line.

Prior to the upgrade, the existing main PAMC campus generator electrical service consisted of 3 diesel engine generator sets and one diesel turbine that provided backup power to the facility (total capacity of 3.2 megawatt). The main generator plant was aged and capacity limited. Loading on the plant was close to reaching the main switchboard's 4,000 amp limit and the age of the equipment was making it increasingly difficult to find replacement parts.

AMC served as the formal Commissioning Authority (CxA) for the EPSS power plant, medium voltage distribution systems, switch cabinets, service transformers, double ended low voltage switchgear, 480V distribution systems, CTTSs, fuel oil systems, boiler systems, HVAC systems, etc. Specialty systems commissioned include aqueous film forming foam (AFFF) fire suppression system, access control system, CCTV monitoring, flame detection cameras, fire alarm system, and a human machine interface (HMI) system for generator plant monitoring and control.

PAMC M Tower "Generations"

Ancillary Project Design

AMC designed the new and renovated mechanical systems to support this PAMC expansion and remodel project, which included two new hybrid operating rooms (and new supporting mechanical penthouse), renovations to existing operating rooms and semi sterile core, remodel of the special processing and sterilization department, materials management, and other support areas. Additionally, AMC designed an expansion to the hospital's existing bulk medical liquid oxygen storage tank site and equipment. The project was broken down into several "sub-projects," each with its own phasing and interface requirements, to meet an aggressive construction schedule and maintain 24/7 hospital operational requirements. Project included specialized complex OR Rooms- Orthopedics, cystology, heart and hybrid.

Third Party Commissioning Authority (CxA) Services for Mechanical and Electrical

AMC served as the third party CxA for the new PAMC Tower M and associated "backfill" renovation of connecting hospital areas. This 4-year, 19-phase project, encompassed nearly every type of hospital system imaginable. AMC worked closely with the Facility Managers and the Contractor's Commissioning Representative (CCR) to develop the projects Cx Plan. This core document formally outlines Cx objectives, Cx approach, Cx team members by name, their specific responsibilities and the overall Cx process.



Total Cost: \$157 Million New: 100,700 SF Existing: 208,889 SF Location: Anchorage, Alaska Owner: PAMC Project Completed: 2015

PAMC Projects

Chiller 3 and Cooling Towers Replacement In-Patient Pharmacy Med Carousel Replacement In-Patient Pharmacy Renovation Heart Operating Room OR-6 Renovation PAMC Generations Project – Surgery Addition and Renovation PAMC Generations Project – Sterile Processing Department Renovation PAMC Generations Project – Commissioning Services Psychiatric Emergency Department Relocation Emergency Power Supply System (8 MW) ATS Replacements & Power Distribution System Upgrades Endoscopy High Level Disinfection **OR Office Relocation** Trauma Office Relocation Pediatric Emergency Department Expansion Multiple Cath Labs Equipment Replacements Nurse Call Replacement for the Main Campus ATACS TI, Bldg. E Level 3 Cardiovascular Observation Renovation Towers A and B, and Building H & G Elevator Modernization Projects Tower A Discharge Lounge Renovation S-Tower ALF Suite **Emergency Department Triage Nurse Call Addition**

M Tower Pressurization Troubleshooting Hyperbaric Chamber U Tower Cancer Center Linear Accelerator Replacement Parking Structure PS4 Heat Trace Troubleshooting eICU Telemetry/Trauma TI Building E **Outpatient Laboratory Remodel Emergency Operations Center** Cyberknife Equipment Replacement **MDF** Room Upgrades Providence Region Building Generator **RF Room Equipment Replacement** Imaging Center Check-In TI Tower T Telecom Room UPS Replacement Kitchen Steam and Condensate Systems Study Providence Region Building Facility Assessment Nuclear Medicine Remodel Ultrasound Relocation Data Center Chiller Revisions / Electrical Fan Coil Data Center UPS/Flywheel Replacement Multiple MRI Replacements – Providence Imaging Center Inpatient MRI Addition Building X HVAC Study **Emergency Well Water Supply**

PAMC Projects

Removal of Underground Fuel Tanks Imaging Center Mammography Equipment Improvements Parking Garage Access/Revenue Control System CT Scan 2 Grounding Investigation Parking Structure PS1 Level 3 Heat Trace Additions Kitchen Cooler Replacement Hyperbaric Facility/Units Building E Second Level Exhaust Fan EF-1 Replacement Parking Structure PS1 Heat Trace Additions Tower T – Essential Electrical System Critical Branch Addition Providence Region Building MIS TI MIS HVAC Renovation **EPIC Patient Record Project** Master Mechanical and Electrical AutoCAD Records Management Building B Water Heater Replacement Medical Gas Manifold Upgrade Chiller CH-5 Replacement Recommendation Cafeteria Remodel 4 North Dialysis Rooms Study Linear Accelerator Upgrade Building C Level 4 Anchorage Women's Clinic HVAC Study





Dr. Katherine and Dr. Kevin Gottlieb Building (Southcentral Foundation Children's Dental Clinic)

AMC provided mechanical and electrical design services for this new five-story building and new parking garage. The facility is now home to a new children's dental clinic and other services. The clinic, located on the main floor of the building, has 32 children's dental chairs, including 8 closed operatories, orthodontics rooms, lab spaces, and patient support spaces. Building support services, including dental equipment sterilization, receiving and storage spaces, fitness room, and locker rooms, are located in the basement.

The second-floor houses administrative spaces, a large staff break room, and numerous conference and training rooms. The upper 3 floors are tenant space, which include children's behavioral health, pediatric neuro and ob/gyn. To facilitate pedestrian traffic flow to the tenant spaces, floors 3, 4 and 5 have a sky bridge connection to three levels of the parking garage.



Total Cost: \$70 Million | New: 112,400 SF New Parking Garage: 259,000 SF Location: Anchorage, Alaska Owner: Southcentral Foundation Architect: Kumin Associates Project Completed: 2018 | Design Build



Blood Bank of Alaska





This new facility accommodates the Blood Bank of Alaska with flexible space to accommodate future technological advances and meet expanding healthcare needs for future Alaska generations. Sophisticated building temperature, relative humidity and pressurization control meet the Good Manufacturer Process (GMP), FDA and EU standards for blood processing facilities. The building's enhanced structural design as well as its redundant and self-sufficient building systems, ensure continued reliable building operation even during catastrophic events.

> Total Cost: \$35 Million New: 60,000 SF Location: Anchorage, Alaska Owner: Blood Bank of Alaska Architect: Livingston Slone, Inc. Project Completed: 2015

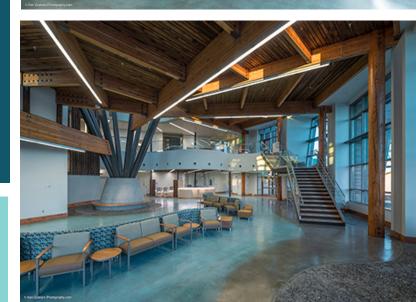
This new healthcare center provides much needed medical services to the 3,000 Kenaitze Indian Tribe residents located on the central Kenai Peninsula. Project priorities were centered on providing stateof-the-art medical technologies, meeting program requirements within available space and budget constraints, achieving 30% energy savings over the base line ASHRAE 90.1 design building, attaining LEED Silver certification, and providing a welcoming gathering place for the community that develops, nurtures, and celebrates the Alaskan Native identity.

Dena'ina Wellness Center was developed specifically to support the Kenaitze Indian Tribe and the Indian residents within the central Kenai Peninsula, there is no doubt it has met its intent. Within a year of opening, the facility initiated a variety of wellness programs and community events. It offers medical, dental, behavioral health, chemical dependency, wellness, physical therapy, pharmacy support and traditional healing services as well as a cultural center and gathering location for the community.

> Total Cost: \$25.4 Million | New: 52,000 SF Location: Kenai, Alaska Owner: Kenaitze Indian Tribe Architect: Architects Alaska Project Completed: 2014



Dena'ina Wellness Center



Alaska Native Medical Center/ANTHC



North Tower Hospital Expansion Dental Renovation Inpatient Pharmacy **Outpatient Pharmacy Elevator Replacements** Inpatient Unit (4th and 5th Floor) Remodel Sterile Processing Department Ventilation Triplex Domestic Water Pressure Booster System <u>Replacment</u> Inuit Building 3rd Floor Office Remodel Fire Sprinkler System Piping Renovation **Urology & General Surgery Renovation** Nurse Call System Upgrade Design Nurse Call System Study Coordination & Arc Flash Study A/C Equipment Chillers and Cooling Towers Replacement

General/Emergency Lighting and Power Systems Upgrades Co-generation Concept Design & LCCA (2 MW) Central Medical and Dental Compressed Air System Replacement Central Medical Vacuum Pump Replacement **ATS Replacement Project** Power MRI/CT Power Analysis/Relocation **CT-2** Replacement Critical Care Unit Addition CA and Commissioning Services Power Monitoring Study/Replacement Liquid Oxygen Relocation and Expansion Assessment Oxygen System Upgrade **Electrical Equipment Assessment** COB H&V Upgrades CA Services COB/HCB Well Water-Cooling Evaluation **COB** Chiller Project **COB** Tenant Improvements **Barrow Hospital Electrical Assessment** Toilet Room Remodel **ATS-Y3 Emergency Replacement** Fire Alarm System Study Auxiliary Condenser Water System Upgrades AutoCAD Records Management Deferred Maintenance Assessment Deep Look Surveys Maniilag Health Center Chiller Replacement, Kotzebue Maniilag Health Center Building Automation System, Fire Alarm System & Access Control System, Kotzebue Maniilag Health Center Sustainability Studies and Risk Assessment, Kotzebue

The laboratory is arranged in two wings with a large central two-story main entry and lobby, which serves as its architectural focal point. One wing houses general administration and laboratory training and the other wing houses investigation space/laboratories for criminal forensics and DNA testing, ballistics analysis and secure evidence storage.

The facility utilizes an AMC Engineers exclusive "pressure mapping" strategy which ensures precise building zone pressure control while also protecting the building's exterior envelope from moisture damage. The facilities indoor environmental quality (IEQ) monitoring and control system directly monitors indoor airborne gas and particulate concentrations and regulates HVAC system operation to minimize ventilation rates to save energy, while maintaining a safe indoor working environment for laboratory workers.

The facility won a 2014 National ASHRAE award and was the feature article for the April 2014 issue of the ASHRAE Journal. Through effective use of integrated heat recovery systems, the facility enjoys an EUI of 152 kBTU/SF which greatly exceeds the national laboratory average of 277 kBTU/SF.

Total Cost: \$92 Million | New: 85,000 SF Location: Anchorage, Alaska Owner: Alaska Department of Public Safety Architect: Livingston Slone, Inc. Project Completed: 2012

Alaska Scientific Crime Detection Laboratory





Alaska State Public Health Virology Laboratory

The laboratory facility includes Biological Safety Level 2 laboratory suites, a BSL-3 suite, as well as, space for future BSL-3 and Animal Biological Safety Level 3 suites. Precise differential pressure control (preventing the spread of airborne contaminates) between adjacent spaces is possible through the use of AMC Engineers exclusive "pressure mapping" design strategy. All laboratory exhaust air is passed through heat recovery coils to maximize energy conservation. The facility is pre-designed for the "plug and play" addition of new central HVAC equipment to serve future laboratory suite buildouts with minimal impact on current operations.

Total Cost: \$20.8 Million | New: 29,000 SF Location: Fairbanks, Alaska Owner: Alaska Department of Health and Social Services Architect: Livingston Slone, Inc. Project Completed: 2009



UAA Health Sciences Building





AMC provided mechanical and electrical design for this three-story facility that houses the medical, nursing and physician assistant programs. The building includes interactive medical simulation labs, distance classrooms to connect students from rural communities, clinical and instructional labs, classrooms, conference rooms and administrative offices.

The facility is designed for high performance and incorporates the latest energy saving high efficiency lamps, solid-state lighting, occupancy sensors and daylight harvesting.

In addition, the building is interconnected to the campus via single mode optical fiber cable and serves as the central telecommunications hub for future developments south of Providence Drive. AMC's design team worked hand in hand with the CM/GC to ensure budget targets were achieved throughout the design process.

> Total Cost: \$46.5 Million | New: 65,162 SF Location: Anchorage, Alaska Owner: University of Alaska Anchorage Architect: Livingston Slone, Inc. Project Completed: 2011